

# Parent & Child Activity Calendar

## Elementary School

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THE PARENT INSTITUTE®

June • July • August 2018

### Parent & Child Activity Calendar

Elementary School  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>June 2018</b>					<b>1</b> Give your child a notebook to use as a journal. Ask her to write in it for 10 minutes each day.	<b>2</b> Help your child round up some friends and play a game together outside.
<b>3</b> Collect interesting containers, packing materials, yarn, glitter, etc. Save them for a rainy day art session.	<b>4</b> Have your child hold his nose while he eats. Does it affect the taste of the food?	<b>5</b> Ask your child <i>how</i> and <i>why</i> questions. They help her practice reasoning.	<b>6</b> Measure your child's height and write it down. Measure again in December.	<b>7</b> Have your child decorate a box to store keepsakes. At the end of the summer, he can use the items to make a scrapbook.	<b>8</b> Find interesting words in news articles. Help your child look them up in a dictionary.	<b>9</b> Head outside with your child. Use sidewalk chalk to do some math problems together.
<b>10</b> Give your child five coupons, each good for an hour of your uninterrupted attention.	<b>11</b> Put together a kitchen band. How many kitchen objects can your child use to make music?	<b>12</b> Talk with your child about something she has done well today.	<b>13</b> Have your child draw a picture. Ask him to make up a story about it and tell it to somebody.	<b>14</b> Just for fun, serve a backward dinner tonight. Eat dessert first.	<b>15</b> Create a costume box for your child. Add yard sale treasures, such as gloves, scarves and jewelry.	<b>16</b> Take a walk with your child and use all five senses to observe the world around you.
<b>17</b> Most libraries have summer reading programs for kids. Sign your child up today.	<b>18</b> Write a nice note to your child. Put it in a place where only she will find it.	<b>19</b> Ask your child to draw a picture of something that makes him happy.	<b>20</b> Use two new words at the dinner table tonight. Talk about their meanings.	<b>21</b> Gather some floating and sinking objects. Ask your child to test which will float or sink in water.	<b>22</b> Serve your child a new food. Then have her write and act out her own commercial for it.	<b>23</b> Read three poems with your child today.
<b>24</b> Have your child make unusual prints. He can dip flowers or other objects into paint and then press them onto paper.	<b>25</b> Encourage your child to use a magnifying glass and investigate things.	<b>26</b> On a sunny day, stand on the driveway or sidewalk with your child. Trace your shadows with chalk.	<b>27</b> Create a word search for your child by hiding words in a grid and surrounding them with random letters.	<b>28</b> Look in the newspaper for information about Fourth of July activities. Plan to attend one with your child.	<b>29</b> Have your child make a weather chart. How much hotter was it late this afternoon than this morning?	<b>30</b> Sponsor a summer-long contest. Who can read the most books?

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<b>1</b> Is your child turning into a summer couch potato? Limit screen time and encourage outdoor play.	<b>2</b> Will your child need a physical exam for school this fall? If so, make an appointment now.	<b>3</b> Let your child drink her breakfast today! Blend fruit, fruit juice, ice and yogurt to make a smoothie.	<b>4</b> Talk about the word <i>independence</i> with your child today. What does it mean?	<b>5</b> Review math facts tonight. Encourage your child to make flash cards so his math skills don't slip over the summer.	<b>6</b> Take out your child's baby book and look through it together.	<b>7</b> Enjoy some physical activity outdoors as a family today.
<b>8</b> Have your child plant seeds from a fruit she's eaten. Plant them in a paper cup, water them and see if they grow.	<b>9</b> Set up a well-lit corner with pillows and favorite books. Encourage your child to get cozy with books.	<b>10</b> Use a cotton swab dipped in lemon juice to write a message. Have your child hold the paper up to a light bulb to read it.	<b>11</b> Planning a trip? Give your child a map and let him help plan the route you'll take.	<b>12</b> Place items in a shoe box. Cut a hole in the lid and have your child reach in. Can she guess what the items are by touch?	<b>13</b> Tonight, take a walk with your child. See how many stars you can see.	<b>14</b> Make a paper crown and let your child play "Ruler" for a day. What rules would your child set?
<b>15</b> Have your child design a new cover for a much-loved book.	<b>16</b> As a family, brainstorm ways you could help beautify your neighborhood.	<b>17</b> Practice division. Ask your child, "How many of your lifetimes has Grandma lived? Aunt Sue?"	<b>18</b> Choose a TV show to watch together. Then, ask for your child's opinion about the show you watched.	<b>19</b> Start a list of places you'd like to visit. Help your child research these places online.	<b>20</b> Plan another screen-free night. Read, play games or listen to music instead.	<b>21</b> Help your child make a fruit salad. Include at least one new or unfamiliar fruit.
<b>22</b> Have an indoor picnic. Spread a blanket on the floor and play music. Let your child help choose the menu.	<b>23</b> Ask your child to tell you about something he loves.	<b>24</b> Teach a card game to your child. Play it with the whole family tonight.	<b>25</b> Watch or read the weather forecast together today. Locate the hottest and the coolest locations on a map.	<b>26</b> Have your child draw an upside-down picture.	<b>27</b> Help your child write a family newsletter. She can interview family members and write up the news.	<b>28</b> Go for a walk or bike ride today. Challenge each other to spot something you haven't seen before.
<b>29</b> Can your child think of a different ending to his favorite story? What would he do if he met the characters?	<b>30</b> Have your child put an ice cube outside in the sun. What happens after five minutes? After 10?	<b>31</b> Make your child laugh! Tell a joke, read a funny story or poem, sing a silly song or draw a cartoon.	<h1>July 2018</h1>			

# Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>August 2018</h1>			<b>1</b> Choose a book with an author's name that begins with A. Read it together. Next, read a B book.	<b>2</b> Challenge your child to make shapes or letters with her body.	<b>3</b> Spend 30 minutes reading together today. Let your child pick the book you will read.	<b>4</b> Freeze fruit juices in ice cube trays to make popsicles. Enjoy them with your child.
<b>5</b> Today is National Kids Day! Plan to do a special activity today with your child.	<b>6</b> Ask your child to draw a self-portrait.	<b>7</b> Make your child a pet detective. Have him observe an animal. What does it eat? Where does it live?	<b>8</b> Start a good habit for school. Help your child put out clothes for the next day the night before.	<b>9</b> Play Math Jeopardy. Say a number and see who can come up with a problem for which it is the answer.	<b>10</b> Make sure you and your child know where and when the school bus will stop.	<b>11</b> Help your child make a summer scrapbook. Glue mementoes on construction paper.
<b>12</b> Resume a school sleeping routine. Get your child to bed earlier and up earlier in the morning.	<b>13</b> Show your child how to clean dirty pennies with ketchup. Explain that this is a chemical reaction.	<b>14</b> Stock your child's reading and study area with paper, pencils, scissors and a dictionary.	<b>15</b> Have your child listen to different types of music. Ask her to describe how it makes her feel.	<b>16</b> Look for a TV program on science or history. Watch it with your child.	<b>17</b> Help your child check out back-to-school sales in the paper. Look for the best buys.	<b>18</b> Help your child clean out his closet. Pass on unused toys or clothes in good condition to other families.
<b>19</b> Help your child make a list of her goals for the next school year. Did she accomplish what she wanted to last year?	<b>20</b> Does your child need some new books? Set up a neighborhood book swap.	<b>21</b> Show your child the classified ads in the newspaper. Which jobs interest him?	<b>22</b> Have your child give you examples of a complete sentence, an incomplete sentence and a run-on sentence.	<b>23</b> Include your child in preparing a healthy meal.	<b>24</b> Talk about your family's fall routine. Make plans to eat at least one meal a day together.	<b>25</b> Take a counting walk together. Pick something to count (cars, signs, flowers, birds, bikes) and keep track.
<b>26</b> Go for a reading picnic with your child. Take some books, a snack and a blanket to sit on.	<b>27</b> Learn a new word at breakfast. Challenge family members to use it three times during the day.	<b>28</b> Figure out the average of something with your child, such as family members' ages.	<b>29</b> Think of a meaningful quotation you love. Post it where your child will see it.	<b>30</b> Fall activities will soon begin. Don't over schedule your child. Remember, schoolwork comes first.	<b>31</b> Place a sheet of paper in a box. Dip a marble in paint, drop it in the box and have your child roll it around.	