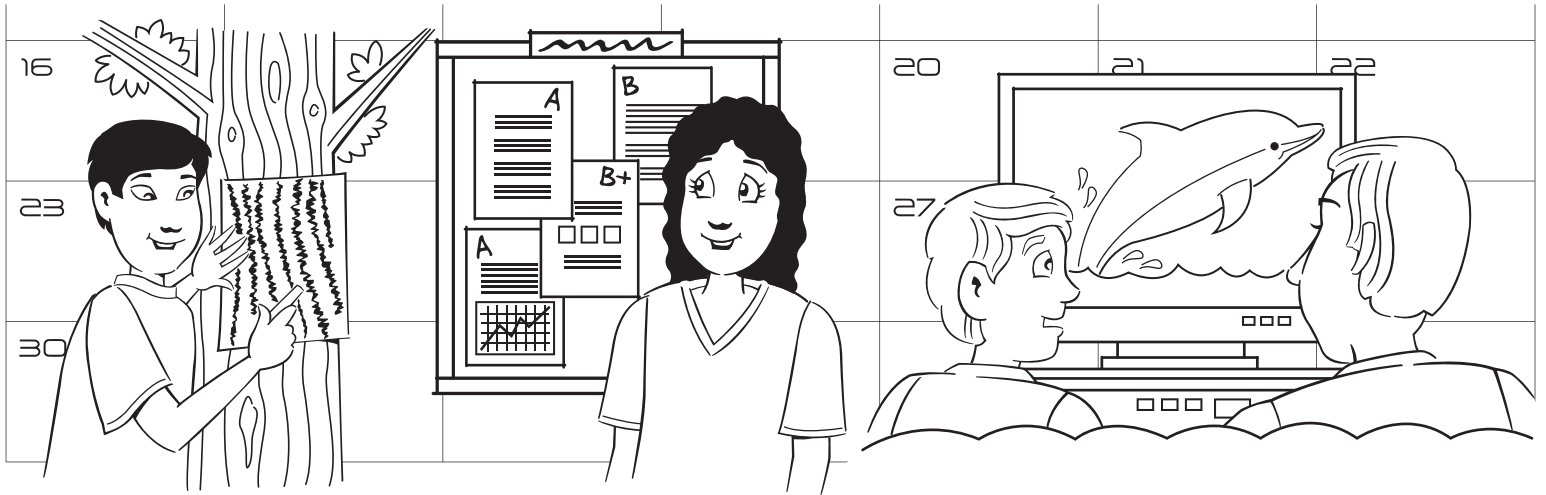


# Parent & Child Activity Calendar

Elementary School

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THE PARENT INSTITUTE®

June • July • August 2017

## Parent & Child Activity Calendar

Elementary School  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>June 2017</b>				<b>1</b> Give your child a notebook to use as a journal. Ask her to write in it for 10 minutes each day.	<b>2</b> Measure your child's height. Keep a record and measure again in December.	<b>3</b> Spend 30 minutes reading together today. Let your child pick the book you will read.
<b>4</b> Tonight, talk with your child about the week ahead. Plan to do this every Sunday night.	<b>5</b> Does your child have a summer reading list? Post it in a special place.	<b>6</b> Tell your child a riddle: What must you break before you can use it? (an egg) Ask him to make up a riddle for you.	<b>7</b> Look at the weather forecast with your child. Compare the temperature where you live to the temperatures in other locations.	<b>8</b> Think about the rules you have for your child. Are they appropriate for her age?	<b>9</b> Start a family savings jar. Everyone can decide on what the goal will be and how they will contribute.	<b>10</b> Take the whole family to the library. Be sure everyone gets some books.
<b>11</b> Write a note saying something nice about your child. Tuck it where he will find it later.	<b>12</b> Keep a library basket as home base for library books. You'll save money on overdue fines!	<b>13</b> Have a Word of the Day. Challenge everyone to use it in a sentence. Make this a daily habit.	<b>14</b> Start a made-up story. "A man went down the road and he met a ... ." Let your child finish the story.	<b>15</b> Put various objects on a tray. After your child looks at them, have her close her eyes and name as many as she can.	<b>16</b> Plan a No TV Night. Read or play games instead.	<b>17</b> Help your child look up facts about a favorite animal on the internet or in a book.
<b>18</b> Have your child set a weekly goal and write it down. Could you do this, too?	<b>19</b> Keep books handy so your child can read while you're in traffic delays, waiting for the bus or at the doctor's office.	<b>20</b> Have your child close his eyes. Make a sound, such as jingling keys. Ask him to guess what you are doing.	<b>21</b> If your child could be a famous person in history, who would she be? Why?	<b>22</b> Do a crossword puzzle with your child. It's a great way to learn new words.	<b>23</b> Take turns with your child drawing blindfolded as one person directs the other.	<b>24</b> At dinner, talk about how family members are achieving their weekly goals. Celebrate everyone's successes.
<b>25</b> Watch a television show with the sound muted. Ask family members to make up the dialogue.	<b>26</b> Fill several glasses with different amounts of water. Have your child tap them and listen to the different tones.	<b>27</b> Put a leafy stalk of celery into colored water. Tell your child to watch the color rise into the stalk over the next week.	<b>28</b> When you're in the store, ask your child to figure how much tax you will be charged if you purchase a certain item.	<b>29</b> Talk with your child about a choice you've made. Then talk about the consequences.	<b>30</b> Learn how to say "I love you" in at least three other languages. Practice with your child.	

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<h2>July 2017</h2>						<b>1</b> With your child, keep a record of the moon this month. Look at the moon every night and draw what it looks like.
<b>2</b> Set aside some time to spend one-on-one with your child today.	<b>3</b> Help your child start a collection. Provide a place to keep it—a box, a shelf or a drawer.	<b>4</b> Talk about the word <i>independence</i> with your child today. What does it mean?	<b>5</b> Ask family members, “If you were an animal, which animal would you be and why?”	<b>6</b> Save the seeds from a fruit you’ve eaten. With your child, plant them in a paper cup on the windowsill. Water them and see if they grow.	<b>7</b> Today, have your child keep track of everything he eats. What one change would make his diet more nutritious?	<b>8</b> On a sunny day, stand with your child on the driveway or sidewalk. Trace your shadows with chalk.
<b>9</b> Have your child use medicine droppers and water colored with food coloring to experiment with mixing colors.	<b>10</b> Read a book about your town or state with your child.	<b>11</b> Help your child practice division. Ask her, “How many of your lifetimes has Grandma lived? Aunt Sue?”	<b>12</b> Have your child write a poem or story from the point of view of a family pet.	<b>13</b> A rebus is a story that replaces some words with pictures. Make a rebus with your child.	<b>14</b> Just for fun, serve dinner backwards. Eat dessert first.	<b>15</b> Help your child clean out his closet. Pass on gently used toys or clothes to other families.
<b>16</b> Enjoy some outdoor physical activity as a family today.	<b>17</b> Have your child write directions for making a sandwich. Then follow them exactly.	<b>18</b> When you read aloud, choose an exciting place to stop. Ask, “What do you think will happen next?”	<b>19</b> Have family members take turns holding a pose while the others draw or paint what they see.	<b>20</b> Encourage your child to write a letter today to a distant relative or friend.	<b>21</b> Are you taking a car trip? Don’t forget to take along some audiobooks.	<b>22</b> Ask your child to help you organize something, such as your kitchen pantry.
<b>23</b> Do a puzzle with your child tonight.	<b>24</b> Encourage your child to draw a self-portrait.	<b>25</b> Pick a word from the dictionary and draw a picture of it. Can your child guess the word? Then let your child pick a word.	<b>26</b> Look through some “help wanted” ads with your child. What jobs sound interesting to him?	<b>27</b> Have your child interview people in various careers that interest her. What would a typical day be like?	<b>28</b> What is your child’s favorite vegetable? Talk about different ways to prepare it. Cook it together.	<b>29</b> Brainstorm how your family could help beautify your neighborhood.
<b>30</b> Tell your child you love him.	<b>31</b> Have dinner by candlelight.					

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<h2>August</h2>		<b>1</b> Write your child’s name vertically. Have her use each letter in her name to begin a line of a poem.	<b>2</b> Cover the illustration on a page of a book. Read the page to your child. Can he guess what’s in the picture?	<b>3</b> Give family members marshmallows and toothpicks. See who can build the tallest tower.	<b>4</b> Going out to dinner? Let your child help estimate the tip.	<b>5</b> Visit the library with your child. Check out a book about science.
<b>6</b> With your child, estimate how many bowls of cereal you can pour from one box. Keep track until the box is empty.	<b>7</b> Play a game of charades with your child. Use hand gestures and motions to act out your word.	<b>8</b> Challenge family members to use the hand they don’t favor to write, eat or do other activities.	<b>9</b> Get into a school sleep routine. Have your child go to bed earlier and get up earlier in the morning.	<b>10</b> Look for a free concert or play you can attend with your family.	<b>11</b> At bedtime tonight, tell your child a story about yourself when you were her age.	<b>12</b> Have your child help you check out back-to-school sales in the paper. Look for the best buys.
<b>13</b> Set aside time today to work on a hobby with your child.	<b>14</b> Have a family sing-along. Ask family members to share their favorite songs.	<b>15</b> Ask your child to describe the most beautiful place he has ever seen.	<b>16</b> Make sure you and your child know where and when the school bus will stop.	<b>17</b> Fall activities will begin soon. Don’t let your child get over-scheduled. Schoolwork comes first.	<b>18</b> Teach a card game to your child. Play it with the whole family tonight.	<b>19</b> Eat outside tonight! Let your child choose at least one menu item.
<b>20</b> Have your child put an ice cube outside in the sun. What happens after five minutes? After 10?	<b>21</b> Read a news article with your child today and discuss it.	<b>22</b> Have your child replace adjectives on a printed ad with their opposites.	<b>23</b> Stand your child against a wall. Use a spoon as a ruler and see how many “spoons” tall she is.	<b>24</b> Talk about fire safety today. What should your child do in case of a fire? Teach him an escape route from his room.	<b>25</b> At dinner, have each family member say something nice about every person at the table.	<b>26</b> Set an example for your child. Let her see you reading. Then say, “Reading is so much fun!”
<b>27</b> Take a counting walk with your child. Pick something to count (cars, signs, flowers, birds, bikes) and keep track.	<b>28</b> Start a good habit for school. Help your child put out clothes for the next day the night before.	<b>29</b> Talk with your child about mistakes. How can people learn from their mistakes?	<b>30</b> At the grocery store, have your child compare two sizes of the same product. Which is the better buy?	<b>31</b> Write upcoming school events on your family calendar. Make plans to attend as many as you can.	<h1>2017</h1>	

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