

## It's time to start thinking about summer plans! Would your child, age 10-14 yrs. of age be interested in being a Junior Volunteer at Bethesda?

**Time commitment:** Our program allows volunteers to sign up for the times that work best for them. We understand that vacation, camps, and lessons are all part of a summer schedule, and we can work around all that. Kids may come for as little as they would like, and up to three hours per week.

### Pluses:

- + Being a volunteer helps teach a person how to give of themselves without expecting monetary compensation.
- + They will gain new friendships, with residents and with staff
- + They will learn that our elders are unique individuals who have lived full and rich lives and we can learn from them
- + They will experience the beginnings of how it works to commit to a "job" and follow guidelines in the work place....all with gentle guidance.

### Negatives:

- They may not want to quit when the summer session is over!

**What to do if interested:** Contact Gayle Voth, DLE, at Bethesda Home (620-367-2291) if you want to sign up. There will be some paperwork to fill out and an orientation to attend. Then, you're ready to go! Don't wait too long---we have a limit of 20 volunteers!