

Understanding PE Grades

While students are in PE they are graded on more than just how well they perform physically. Each unit that we cover the students are graded on three things; participation, attitude and physical skills. I use the Hellison Model to define what category each child fits in while grading their attitude. The [Hellison Model](#) (click to see) has five levels therefore the attitude category is worth five points a unit. Physical skills are also assessed each unit accounting for another five points. Throughout each unit I watch and observe how well each student performs different skills that we are covering. These skills could range anywhere from how well a student can dribble a basketball to whether or not they can use correct form while doing a push-up. Participation is graded just like it sounds and is worth five points as well. If a student participates in the unit they get the points. I also use different units for different classes so sometimes the classes will be working on different things. While the upper grades might be working on football the lower grades will be covering a throwing and receiving unit. I hope this helped you understand how each student will be graded while in PE. If there are any questions you may e-mail me at biggsj@usd411.org.